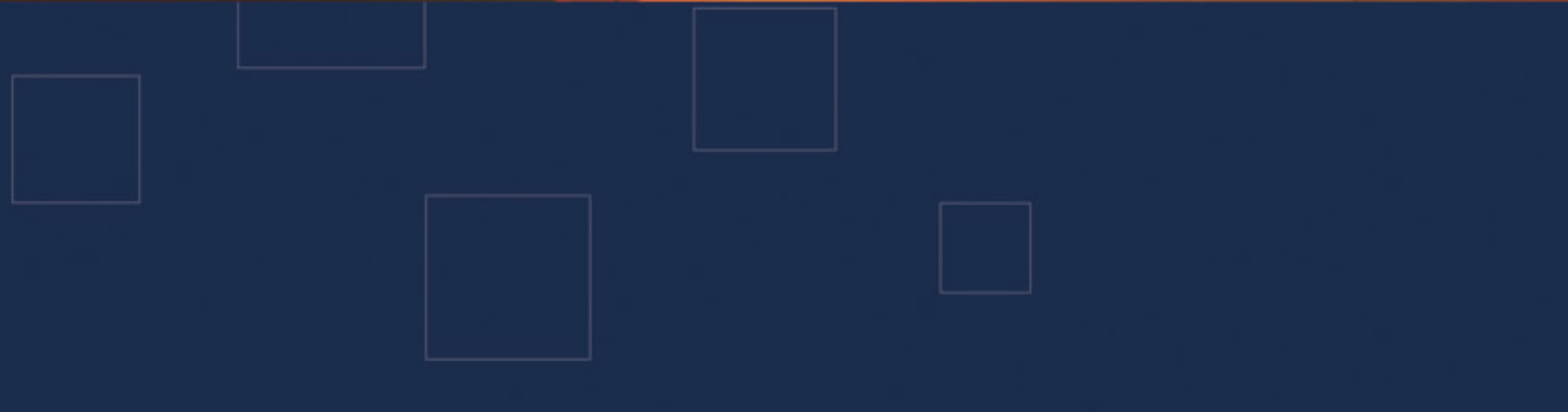
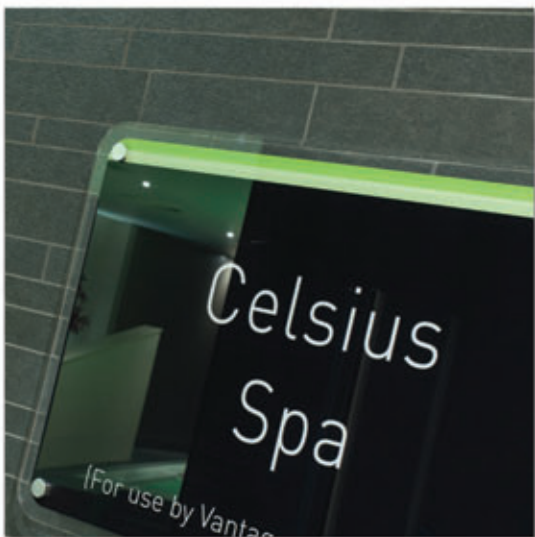




SAUNA





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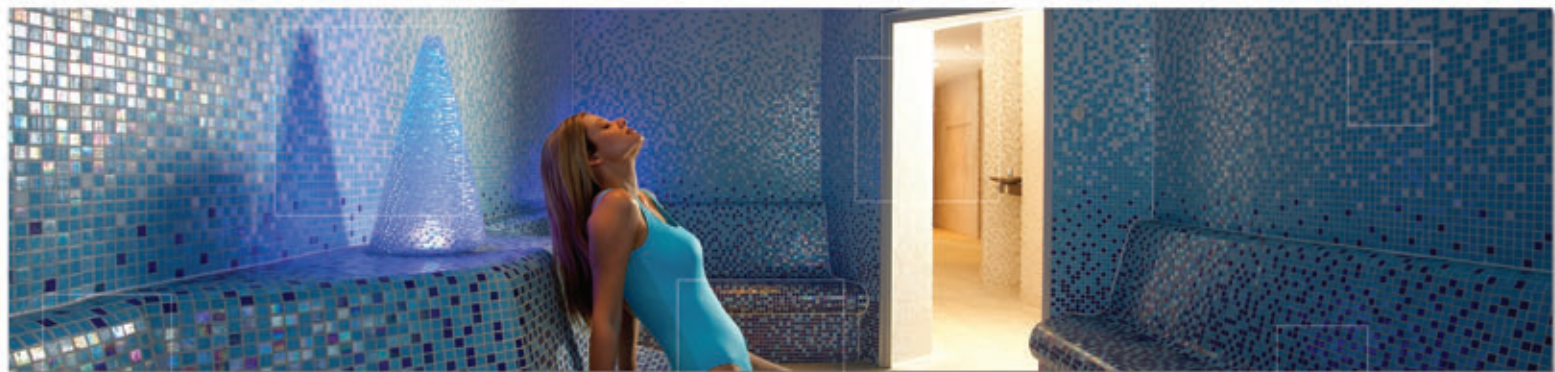


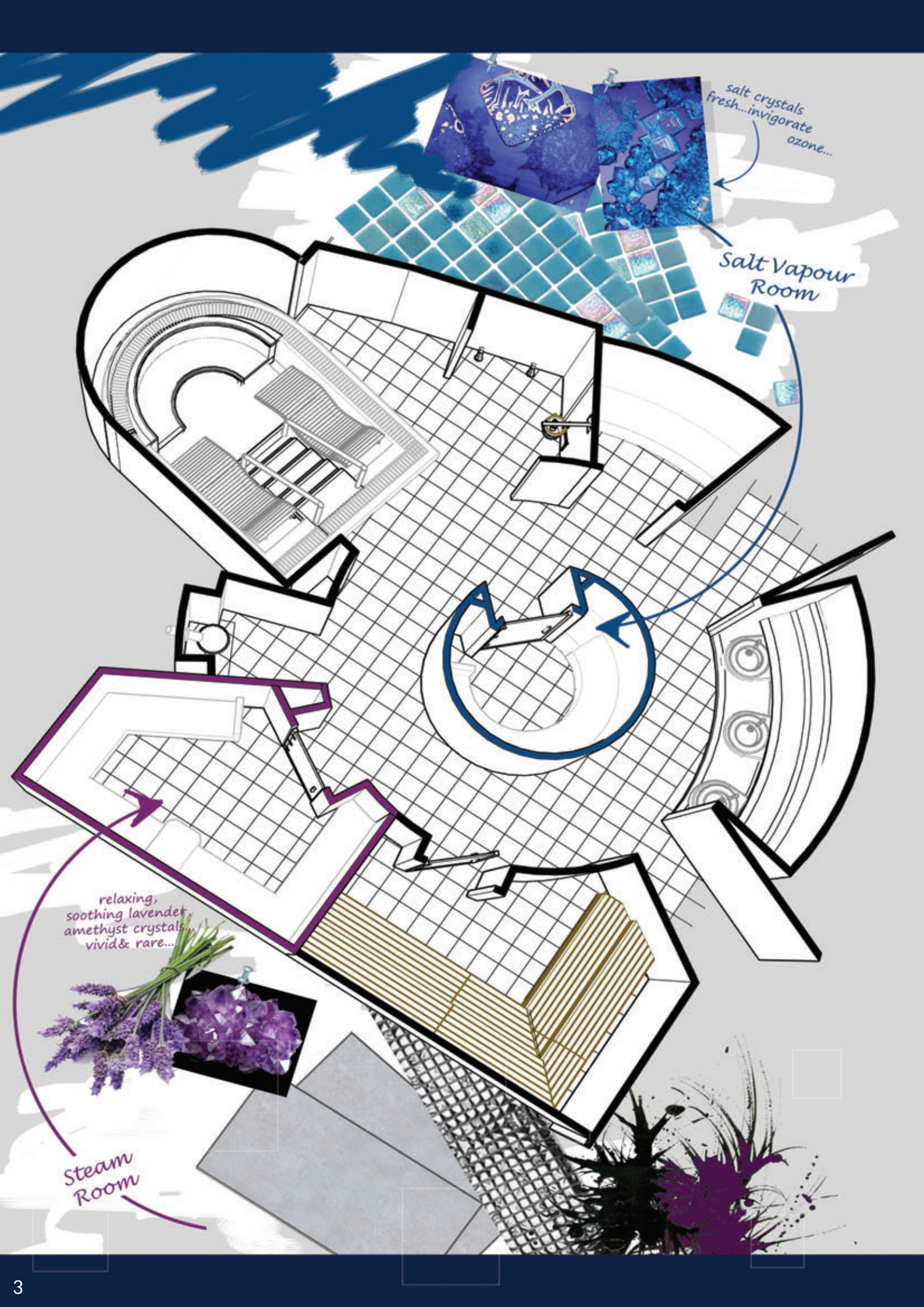
INTRODUCTION

Dalesauna Ltd are proud to have recently celebrated forty years as suppliers to the leisure industry.

During that time we have seen many changes and our product range has grown in line with the ever developing market. As you would expect, purchasing your Dalesauna product is only the beginning of your relationship with our company.

We are pleased to reassure you that our own fully qualified engineers will be on hand to service and maintain your equipment throughout its lifetime and to complete the package we supply a very comprehensive range of sauna and steam room essences, pool chemicals, cleaning materials and spare parts.



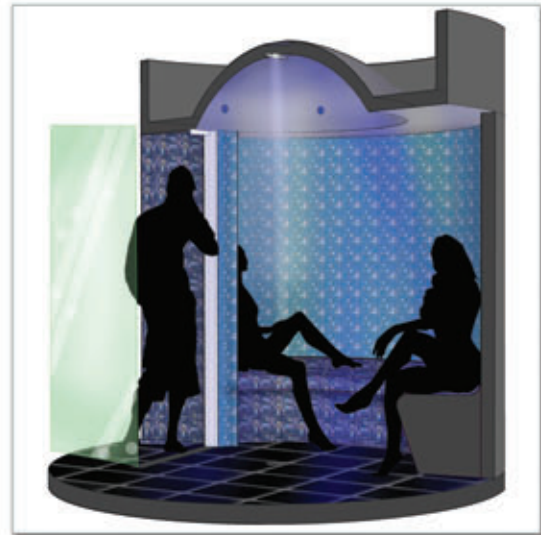


salt crystals
fresh...invigorate
ozone...

Salt Vapour
Room

relaxing,
soothing lavender,
amethyst crystals,
vivid & rare...

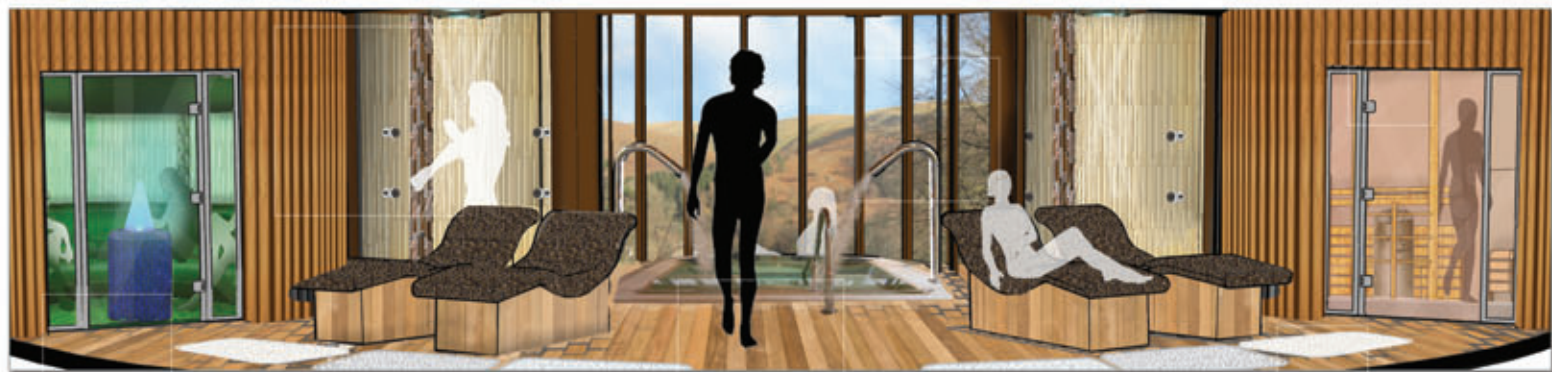
Steam
Room



DESIGN

The correct design is essential to the smooth operation of your facility and to the experience of your guests, clients or club members.

You may already have an impression of how you want your facility to look, but if not, we are pleased to offer the services of our in-house design team who can work with you, your designer or architect.







85°C



11%

SAUNA

A timber room with more than one tier of wooden bench seating, heated to around 85°C with relatively low humidity.

A sauna is probably the first thing people think of when considering a thermal experience and as our name suggests, it was the very first product in the Dalesauna range.

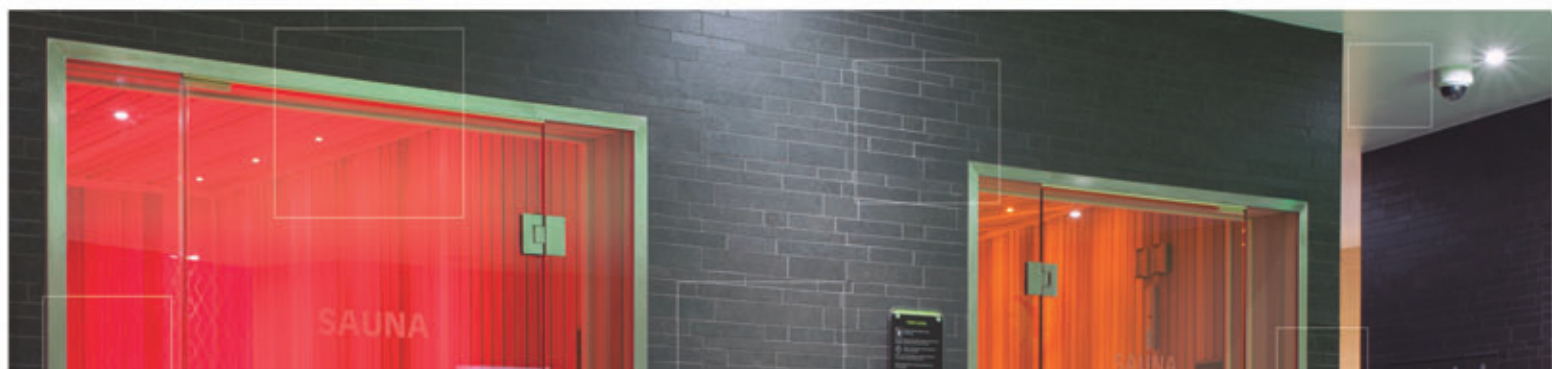
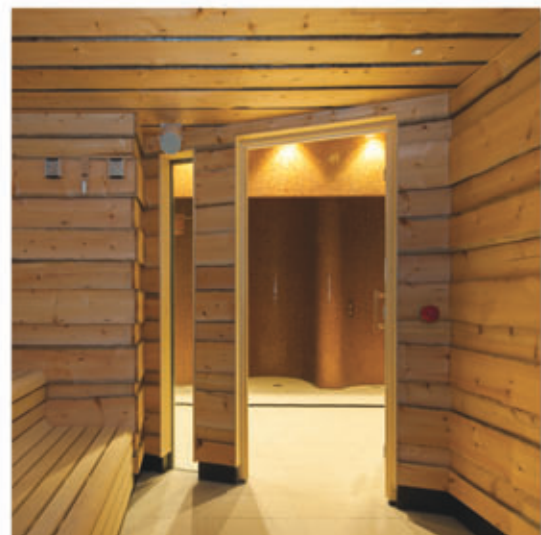
In its purist form, a sauna is a simple wooden cabin manufactured from a rustic pine timber, however over time it has developed into a sophisticated experience, using a range of timbers such as Hemlock, Cedar, Aspen and even Kelo, a specialist timber from Arctic trees which have been dead for several hundred years.

Fully glazed walls, cantilevered bench seating and innovative lighting and sound systems also add to the experience.

As each Dalesauna is made to your exact requirements, there are no limits to the size and shape we can accommodate.

A comprehensive range of sauna heating is available, from the bold statement of exposed stone and polished steel, to subtle hidden options, and even Infra Red.

With the addition of a steam generator, your sauna can be transformed into a "saunarium" or "soft sauna", which is normally operated at a lower temperature 55°C with higher humidity 40%.







45°C



100%



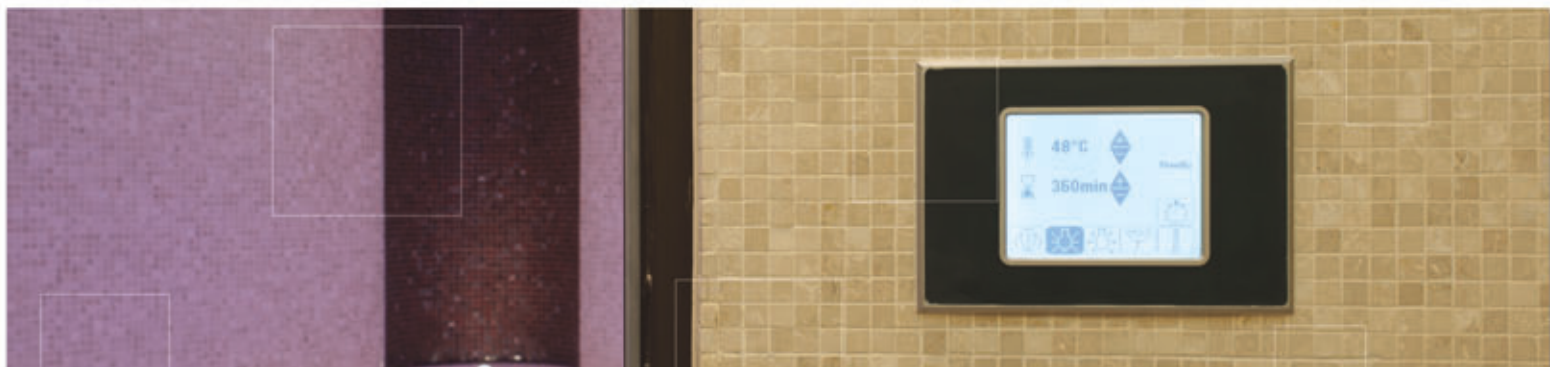
STEAM ROOM

A tiled room with single-tier bench seating, heated to around 45°C, with 100% humidity. Essences can be infused into the steam to enhance the experience and to aid breathing.

As with our sauna range every steam room is designed and manufactured to suit the space available and finished with a variety of impervious materials such as mosaic, ceramic or large format slab materials such as granite or stone.

Mood lighting and essence injection can also be incorporated into the steam bathing experience.

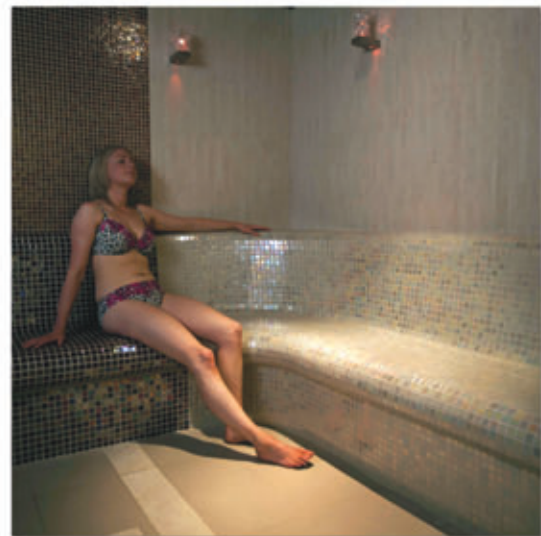
The high humidity and relatively low temperature of the steam room are perceived as giving a 'soft heat' that is often preferred by users who are less comfortable with the high temperature of a traditional sauna.







38°C

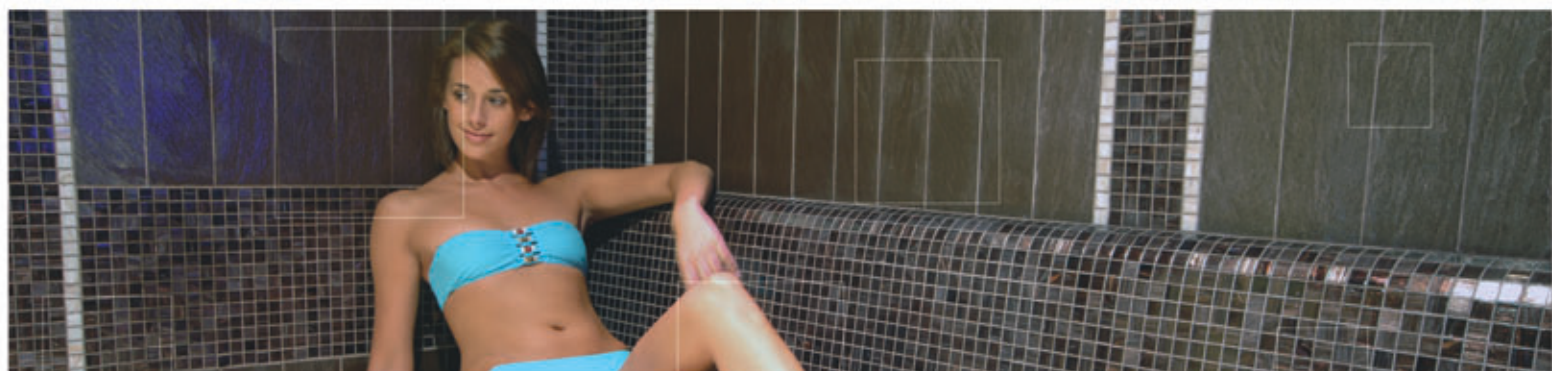


AROMATHERAPY ROOM

Similar to a steam room, tiled with single-tier bench seating, heated to around 38°C and infused with natural aromatherapy essences. This room is the perfect starting point on the thermal journey or it can be used to great effect as a preliminary step to warm and relax muscles before a client embarks on spa treatments with their therapist.

Walls and bench seating are heated allowing soothing radiant heat the best opportunity to relax the muscles and ease the tired mind.

Soft lighting is essential to complete the serene atmosphere of the aromatherapy room.







45°C



100%



18%



SALT VAPOUR ROOM

A tiled room with single-tier bench seating offering the same characteristics of temperature and humidity as a steam room, but with the added benefit of salt water vapour that is infused into the room at regular intervals.

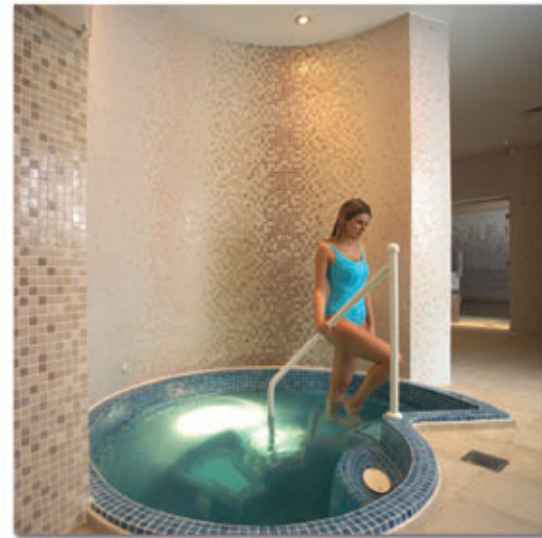
Salt water vapour produces negative ions which can be excellent for alleviating headaches and feelings of lethargy caused by overuse of electrical equipment and computers and can be beneficial to those suffering from bronchial problems.







37°C



SPA POOL AND HYDRO SPA

Spas take their name from the Belgian town Spa, famous for the health giving properties of its natural spring waters.

Spa pools and hydro spas are usually heated to around 37°C and have a number of air and water jets that massage the bather as they sit or lie in the pool.

Some hydro spas will also offer additional features such as water cannons with powerful water jets directed to massage the neck and shoulders of the bather.

The pools are supplied in a variety of shapes and sizes with a tiled or acrylic finish.







10-15°C



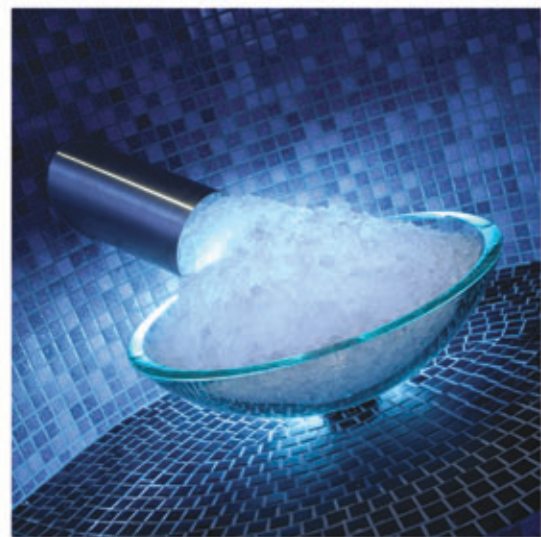
ICE ROOM/ICE FEATURE

A tiled room with single-tier bench seating chilled to around 10-15°C. The ice room will always benefit from a crushed ice dispenser and often an essence injection system to fill the air with the uplifting fragrance of peppermint or menthol.

The user will usually enter the ice room following a visit to one of the heat experiences and the contrasting low temperature will cool the body forcing skin pores to close and toxins to be expelled.

Rubbing crushed ice directly onto the skin aids this process and delivers a thoroughly stimulating and invigorating experience.

A crushed ice dispenser can be designed as a stand-alone feature that is usually located somewhere in the circulation area of the spa.







45°C



100%



RASUL

A tiled room usually with individual seats heated to around 45°C. The Rasul experience begins in a dry room and then steam is introduced until 100% humidity is reached. This is a timed experience.

The Rasul is more a treatment than a heat experience with each element of the treatment controlled on a timed basis that is set into operation by the therapist.

The treatment begins as the bather applies a selection of mineral muds to the skin and continues as they are kept moist and active by the addition of steam into the room. As the bather relaxes the mineral muds help to draw impurities from the skin and the fine silica granules provide a gentle exfoliation.

Each session lasts around forty five minutes finishing with the automatic start of a gentle, warm overhead shower to help wash the mud from the skin.



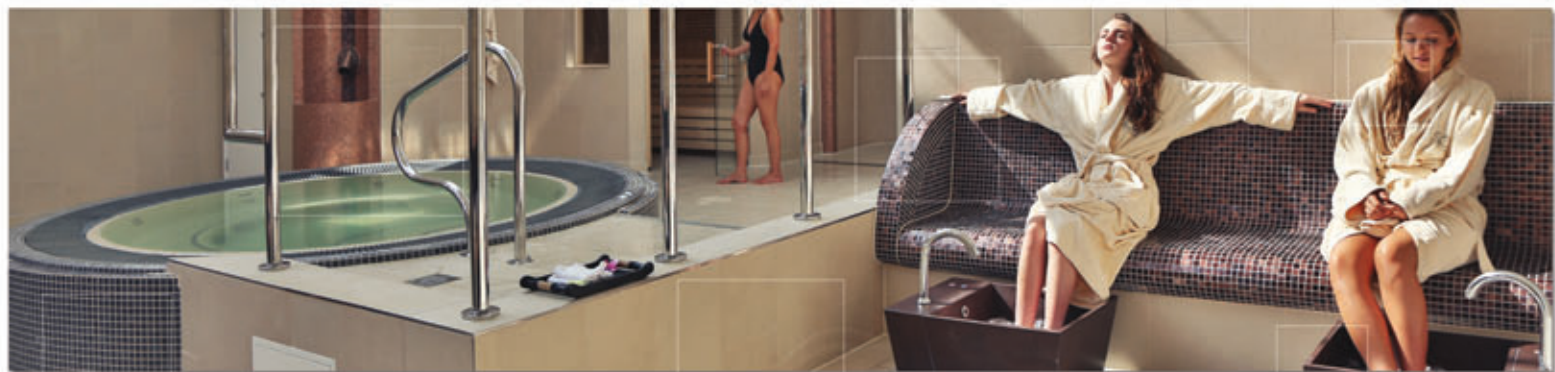




HEATED FOOT SPA

A heated, tiled bench seat with an integral foot bowl fitted with air jets for each user. When the bowl is filled with warm water the circulation is stimulated and the feet massaged.

The foot spa is usually located in a relaxation area or between heat experiences and designed to be enjoyed with two, three or four users sitting together.







HEATED LOUNGERS

A tiled lounger with ergonomic design, heated from within via small bore hot water pipes or electric heat mats.

The heated lounger is perfect for use in wet areas, thermal suites or on poolside and the direct heat gently warms the body and relaxes tired and aching muscles.





HAMMAM

A heated table or slab used for a variety of treatments including salt and soap scrubs, massage etc.

The Hammam table usually incorporates a hand shower and thermostatic mixer to enable the therapist to wash products from the skin at the end of the treatment. An automatic soap/foam generator is also available as an added extra.

Hammam tables normally have a channel around the perimeter to collect water, which then goes directly to drain, keeping the floor of the room and the therapist dry.





"JOUVENCE" DRY FLOATATION

A specialist piece of equipment normally installed into a spa or beauty salon. The Jouvence is used to deliver a variety of treatments that usually involve the application of products to the skin prior to the clients immersion in a warm water bath.

There is always a waterproof membrane between the user and the water bath so the user remains dry at all times but benefits from the relaxing and weightless sensation of floating on water.

The heat from the warm water helps the products to deliver their maximum benefit, before the bather is lifted automatically back up to the starting position.



"CARACALLA" HYDROTHERAPY BATH

The Caracalla is a versatile treatment bath which provides a number of pre programmed massage options.

Individual hydrotherapy baths provide the ultimate in water based massage treatments, which can be pre programmed by the therapist to deliver powerful water and air jets into specific areas.



VICHY SHOWER

A specialist shower usually installed into a beauty salon or spa, the Vichy shower allows the therapist to deliver a number of water based treatments to the client, who lies on a couch or treatment table.





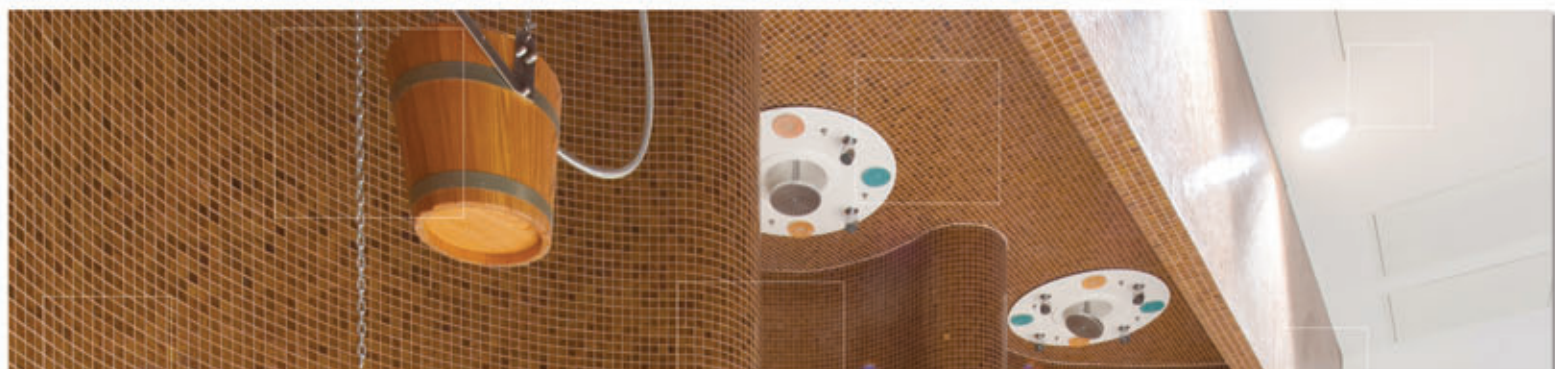
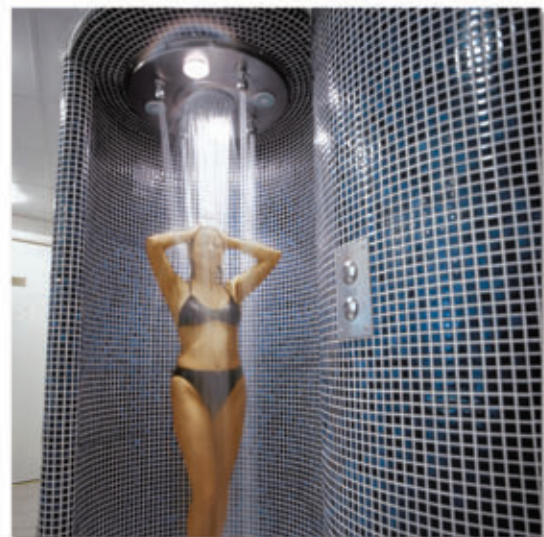


FEATURE SHOWERS

The feature shower is designed to cool the body temperature or to remove perspiration between thermal cabins.

A shower is a familiar place to us all but our feature showers can deliver a huge drop of water within mere seconds – they might include a simple wooden bucket on a chain or a highly sophisticated, multi-headed system with a choice of temperatures and water patterns.

The addition of fragrances, sounds and even light features can make the feature shower a truly stimulating experience.





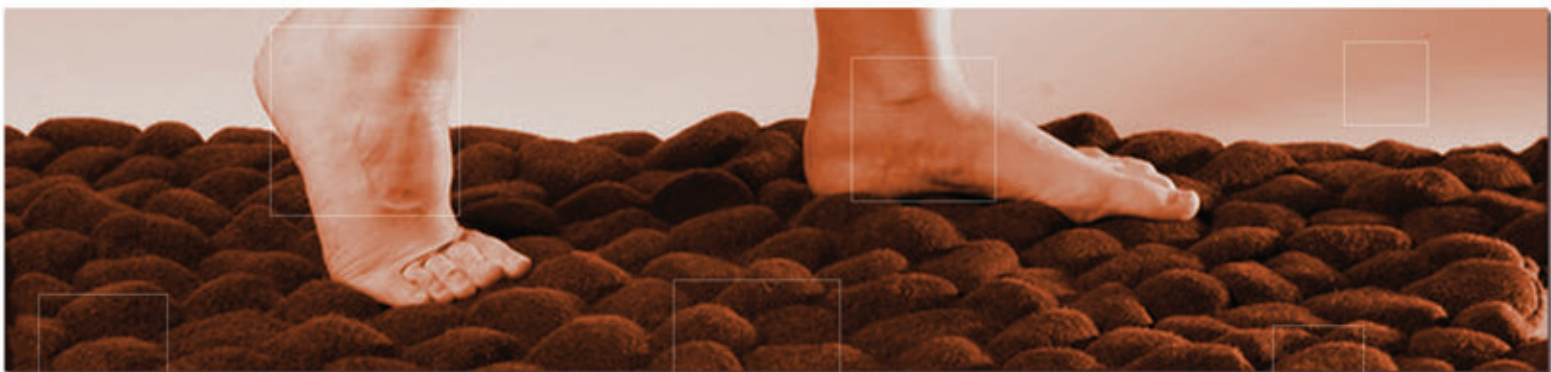
REFLEXOLOGY WALK

Reflexology or Zone Therapy is an alternative medicine involving the application of pressure to the feet, hands or ears. It is based upon a system of zones and reflex areas that reflect an image of the body, with the premise that such treatment can aid the physical condition.

Practitioners of reflexology claim that pressure received in the feet can send signals that "balance" the nervous system or release chemicals such as endorphins that reduce pain and stress.

Another suggestion is that Reflexology can remove blockages in our energy fields, preventing the "life force" or "Qi" from aiding recovery.

Reflexology is an ancient art, practiced in its earliest forms in India and China, and later introduced in the USA as early as 1913.





 Danger
230 V AC

 Danger
230 V AC

SERVICE

No piece of equipment is of any benefit if it is not functioning as intended and with the rigorous demands of commercial use some items may be in operation for up to sixteen hours a day, seven days a week.

We realise that our reputation and yours is on the line at all times and today's customers demand very high levels of service.

An "out of order" sign on any piece of equipment can quickly lead to dissatisfaction for your members or spa users.

We are pleased to advise you that Dalesauna Ltd employ a full complement of engineers trained to the I.E.E. 17th Edition electrical standards and based throughout the UK.

Be it Planned Maintenance or a repair, our dedicated service department are at the end of the phone waiting to assist you.



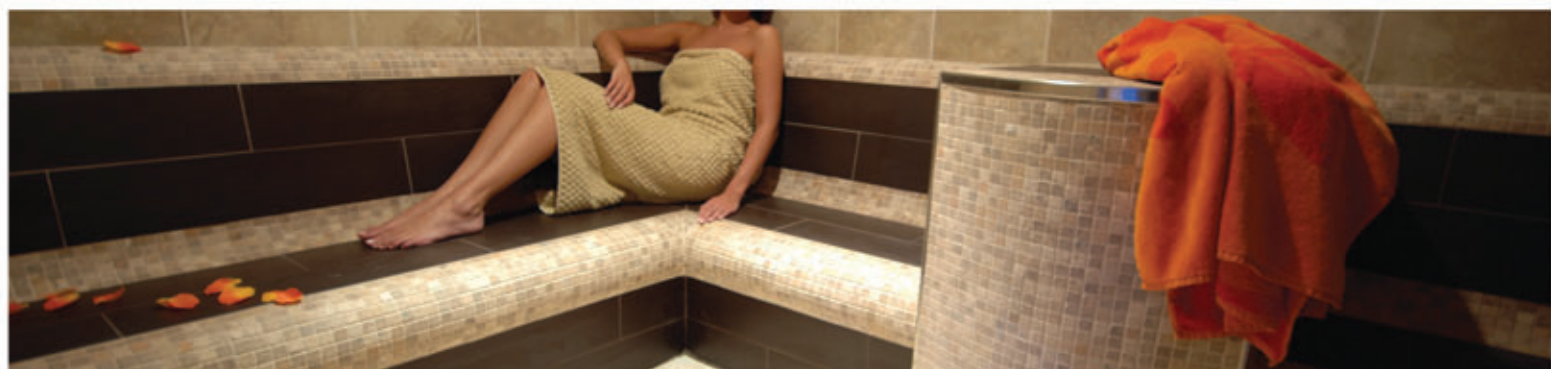




CONSUMABLES

Having the right equipment installed and well maintained is only part of the package. You will also have regular requirements for sauna and steam room essences, mud for your Rasul and chemicals to keep your pool in tip top condition.

We offer probably the most comprehensive and competitively priced product range in the country and even have a complete range of specialist cleaning products to keep your whole facility spic and span.





DALESAUNA

WELLBEING, WELL DESIGNED, WELL LOOKED AFTER



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